

DESTINATION: \_\_\_\_\_

FLIGHT DEPARTURE: \_\_\_\_\_

*Traveler's*

# PACKING LIST

GROUNDIFORMOVEMENT.COM

## FORGET-ME-NOTS

- |  |   |
|--|---|
| <input type="checkbox"/> <u>passport</u>         | <input type="checkbox"/> <u>travel document folder + copies</u> |
| <input type="checkbox"/> <u>flight itinerary</u> | <input type="checkbox"/> <u>pen</u>                             |
| <input type="checkbox"/> <u>visa</u>             | <input type="checkbox"/> <u>water bottle</u>                    |
| <input type="checkbox"/> <u>driver's license</u> | <input type="checkbox"/> _____                                  |
| <input type="checkbox"/> <u>bank cards</u>       | <input type="checkbox"/> _____                                  |
| <input type="checkbox"/> <u>Covid documents</u>  | <input type="checkbox"/> _____                                  |
| <input type="checkbox"/> <u>medical masks</u>    | <input type="checkbox"/> _____                                  |

## TOILETRIES, ETC.

- |  |   |
|--|---|
| <input type="checkbox"/> <u>deodorant</u>                    | <input type="checkbox"/> <u>shampoo / conditioner</u> |
| <input type="checkbox"/> <u>toothpaste &amp; tooth brush</u> | <input type="checkbox"/> _____                        |
| <input type="checkbox"/> <u>floss</u>                        | <input type="checkbox"/> _____                        |
| <input type="checkbox"/> <u>hand sanitizer / hand cream</u>  | <input type="checkbox"/> _____                        |
| <input type="checkbox"/> <u>first aid items</u>              | <input type="checkbox"/> _____                        |

## TRAVEL GEAR, ETC.

- |   |  |
|---|--|
| <input type="checkbox"/> <u>money belt</u>    | <input type="checkbox"/> <u>sunglasses</u> |
| <input type="checkbox"/> <u>travel locks</u>  | <input type="checkbox"/> _____             |
| <input type="checkbox"/> <u>packing cubes</u> | <input type="checkbox"/> _____             |
| <input type="checkbox"/> <u>laundry bag</u>   | <input type="checkbox"/> _____             |



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## ELECTRONICS

- |  |                                |
|--|--------------------------------|
| <input type="checkbox"/> <u>cellphone &amp; chargers</u>   | <input type="checkbox"/> _____ |
| <input type="checkbox"/> <u>adapters / converters</u>      | <input type="checkbox"/> _____ |
| <input type="checkbox"/> <u>headphones (&amp; charger)</u> | <input type="checkbox"/> _____ |

## ATTIRE

- |  |  |
|--|--|
| <input type="checkbox"/> <u>walking shoes</u>              | <input type="checkbox"/> <u>1-2 long sleeves</u>               |
| <input type="checkbox"/> <u>flip flops / sandals</u>       | <input type="checkbox"/> <u>1-2 dressy outfits</u>             |
| <input type="checkbox"/> <u>underwear</u>                  | <input type="checkbox"/> <u>2-3 athletic outfits</u>           |
| <input type="checkbox"/> <u>socks</u>                      | <input type="checkbox"/> <u>3-4 casual dress outfits total</u> |
| <input type="checkbox"/> <u>comfortable jeans (rec. 2)</u> | <input type="checkbox"/> <u>1 cold(er) weather outfit</u>      |
| <input type="checkbox"/> <u>5-6 tops (short sleeve)</u>    | <input type="checkbox"/> _____                                 |
| <input type="checkbox"/> <u>1 sweater / sweatshirt</u>     | <input type="checkbox"/> _____                                 |
| <input type="checkbox"/> <u>leggings (rec. 2 pair)</u>     | <input type="checkbox"/> _____                                 |
| <input type="checkbox"/> <u>1 jacket</u>                   | <input type="checkbox"/> _____                                 |
| <input type="checkbox"/> <u>1 pair sweatpants / shorts</u> |  |

## EVERYTHING ELSE

- |                                |                                |
|--------------------------------|--------------------------------|
| <input type="checkbox"/> _____ | <input type="checkbox"/> _____ |
| <input type="checkbox"/> _____ | <input type="checkbox"/> _____ |